

# bliss

january 2014



greet the new year with an  
**immaculate**  
complexion

discover perfectly clean,  
smooth, glowing skin

**new micromagic**  
spa-powered microdermabrasion treatment

details on p. 2

the **confidence** issue

**inside:** All the beauty tools you need for  
an amazing year (and an amazing you)

**04** your best body ever (what you need to get it)

**22** don't improve your skin—*transform* it

**41** make your next smooch the stuff of *legend*

**blissworld.com 888 243 8825**

# january 2014

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innovation

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Prices are subject to change. For the most up to date prices visit [blissworld.com](http://blissworld.com).

## join the conversation!

**f** facebook: /blissspa  
'bliss' out with us (and give us your two cents)

**t** twitter: @blissspa  
'tweets' for the sweet

**p** pinterest: /blissspa  
pure in-'spa'-ration

**i** instagram: @bliss\_spa  
'snap' happiness

**2014** will be starting off a little differently than previous years. Why? Because this year is about confidence: glowing, beautiful confidence—a poise and radiance that comes from feeling your best... from having your inner beauty shine through for all to see. That's why we're starting the year with this special issue, dedicated to providing you with all the tools you need to help you achieve that beautiful confidence. Here's to your most wonderful year yet!



**mike indursky**  
Bliss President

the  
'glow'-  
it-all  
club

## still not a 'glow'-it-all?

don't miss your chance to receive  
exclusive rewards and perks!

Visit [blissworld.com/glowital](http://blissworld.com/glowital) to learn more

# the master cleanse

(no suffering required)

## new micromagic

### spa-powered microdermabrasion treatment

Purge the impurities from your complexion with the ultimate (facial) detox: It helps banish pore-clogging buildup to deliver cleaner, healthier, beautiful-looking skin. No lemon squeezing necessary.

- **volcanic pumice** refines and retexturizes
- **vitamin E and aloe** soothe and smooth
- **peppermint** refreshes
- **jojoba extract** moisturizes

BLISS-507 3 oz \$48





'ass'-pire

# fatgirlslim<sup>®</sup> lean machine<sup>™</sup>

## spa-powered body contouring system

Helps visibly reduce the appearance of cellulite with effective vacuum-assisted massage action that gently smooths and tones the skin.



**BLISS FATGIRLSLIM<sup>®</sup>  
LEAN MACHINE<sup>™</sup> SYSTEM**  
Includes **lean machine**  
vacuum massager, 2 oz  
jar of **fatgirlslim<sup>®</sup>** and  
power adapter.  
**BLISS-471 \$145**

**in just 6 minutes per day** this thigh-tech power tool lifts, sucks, rolls, and pulsates to help visibly **reduce the appearance of cellulite.**

In a clinical study after 8 weeks\*:

- **75% said skin looked smoother**
- **78% said skin felt firmer**
- **94% said skin felt smoother**



Eat healthy, exercise, and  
check out our in-spa demo at  
[blissworld.com/leanmachine](http://blissworld.com/leanmachine)

\*self-perception study among 36 subjects using the lean machine<sup>™</sup> with fatgirlslim<sup>®</sup> skin firming cream (after 8 weeks).

firming and toning solutions

# confidence to... trans-'firm' yourself

When it comes to post-holiday a-'tone'-ment, our potent body-bettering essentials are packed with actives that help firm, smooth and tame every last trouble spot. Resolution season? Yours to conquer.



#### BLISS FATGIRLSOAP

Raises the 'bar' on cleansing with stimulating massaging nubs and caffeine, 'skin'-vigorating peppermint and grapefruit extracts, and exfoliating jojoba beads.\*

**BLISS-383** 5.5 oz **\$19**

#### BLISS FATGIRLSCRUB

A potent skin polisher with 60% Himalayan pink salt, this cooling formula sloughs off dead skin to enhance the performance of products applied afterwards.\*

**BLISS-323** 8 oz **\$38**

#### BLISS LOVE HANDLER

The lovehandler® targets the waist area with energizing extended release caffeine, and a cool burst of mint oil. 'Hip, hip', hooray!\*

**BLISS-268** 8.5 oz **\$36**

#### BLISS FATGIRLSLIM

Helps visibly reduce the appearance of cellulite while improving skin's tone and texture with QuSome-encapsulated caffeine.\*

**BLISS-275** 6 oz **\$36**

#### BLISS FATGIRLSLEEP

The PM partner to our famed fatgirlslim® firming cream. Formulated with an encapsulated complex of sacred lotus flower, red algae extract and soothing lavender, this ultra-rich cream helps make the most of your body's overnight resting time.\*

**BLISS-286** 6 oz **\$38**

#### BLISS FATGIRLSLIMULATOR

Our rubber cellulite scrubber's specially designed nubby surface stimulates and preps the skin for follow-up fatgirlslim® products. The fatgirlslimulator is a must-have addition to our body-toning toolkit!\*

**BT-02** **\$22**

## fatgirlslim® feature bundle the 'tight' stuff

includes: **bliss fatgirlsixpack**, **fatgirlsleep**, **fatgirlslim**.  
**BLISS-509** **\$75** (\$112 value!)



# pick up a sixpack



## fatgirlsixpack tummy-toning gel

The only tummy-toning gel with six active ingredients and an ab-activating applicator to help you score a covetable core.\*

**73% saw an improvement in skin firmness on the abdominal area\*\***

**our #1 best-seller!**

**BLISS-464** **\$38**

\*As part of your body-bettering routine, we suggest using in conjunction with regular exercise, a healthy diet, regular vigorous massage and the rest of the bliss fatgirlslim regimen.

\*\*In a consumer perception study of healthy females from 18-34 years of age.

This is not a weight or fat loss product.



firming+toning

blissworld.com | 888.243.8825

free samples with every order | free shipping on orders over \$40

firming+toning





super-charged firming and toning solutions

# electric confidence

These buzz-worthy tone-building tools use electrical muscle stimulation and tissular therapy to enhance what you've got and help your silhouette reach heavenly new heights.



required  
activator  
works for  
all garments  
**BMR-03 \$80**

**BMR  
+  
free  
fatgirl  
sixpack**



**BIO-MEDICAL RESEARCH  
AB-TONING BUNDLE**  
Strengthen your abdominals with the **bmr tummy lift device** (includes one set of 3 medical-grade GelPads™) and a free full-sized bottle of **bliss fatgirl sixpack™** (4.9 oz).  
**BMR-SET02 \$200**  
(\$238 value!)



**BMR  
+  
free  
fatgirlslim**



**BIO-MEDICAL RESEARCH  
ARM-TONING BUNDLE**  
Firm your upper arms with the **bmr arm lift device** (includes one set of 3 medical-grade GelPads™) and a free full-sized jar of **bliss fatgirlslim™** (6 oz).  
**BMR-SET06 \$200**  
(\$236 value!)



**BMR  
+  
free  
fatgirlslim**



**BIO-MEDICAL RESEARCH  
BOTTOM-TONING BUNDLE**  
Tone your glutes with the **bmr bottom lift device** (includes one set of 4 medical-grade GelPads™) and a free full-sized jar of **bliss fatgirlslim™** (6 oz).  
**BMR-SET04 \$200**  
(\$232 value!)



## wellbox: the lipomassage machine

This at-home device uses tissular therapy to firm and tone from head to toe in 6-8 weeks. For spa-grade cellulite treatments, why venture any further than your front door?

**TECH-01 \$1499**



smoothing shapewear solutions

# confidence to... **stop traffic**

From pro-grade compression to top-notch tone enhancing, these shaping and slimming essentials are designed to help you sculpt the silhouette of your dreams—even after the garments have come off.

*medical-grade compression helps reduce the appearance of cellulite while reshaping and redefining curves*

*skin-beautifying copper woven right into the fabric*



**1. SOLIDEA SILVER WAVE CAPRI**  
This legging uses compression and gentle massage to help diminish the appearance of cellulite, bumps and lumps while you move. Sizes: S, M, L  
**SOL-11 \$109.99**

**2. SOLIDEA SILVER WAVE LONG LEGGING**  
This compression legging tames the appearance of bumps and lumps with clinical-grade compression. Sizes: S, M, L  
**SOL-13 \$149.99**

**see the complete  
shapewear collection  
at blissworld.com**

**3. CASS WEAR REPAIR SKINNY TANK**  
In addition to smoothing bulges, slimming your tummy and eliminating bra lines, this revolutionary shaping top features woven copper to help enhance the appearance of skin's tone, texture and radiance. Sizes: XS (0-2) S/M (4-6) M/L (8-10) L/XL (12-16). **\$78**

**BLACK (SHOWN) CAS-76**  
**NUDE CAS-83**

**4. CASS WEAR REPAIR SHAPER LEGGING**  
This chic legging smoothes bulges, slims the tummy, hips and thighs, and lifts the rear. Sizes: XS (0-2) S/M (4-6) M/L (8-10) L/XL (12-16). **\$78**

**BLACK (SHOWN) CAS-78**  
**NUDE CAS-85**

**FARMACELL® MASSAGING AND SHAPING GARMENTS**  
Farmacell's latest apparel innovations boast both massaging and shaping action. Their cross-hatch knit features raised and flat textures which help massage away the look of cellulite as you move. Plus, they're made with graduated pressure elastic bands, which deliver shape-shifting effects to all the right places. Polyamide/elastin blend. Black or Nude. Sizes: S/M (4-8) M/L (8-12) L/XL (12-16).

**5. LONG-SLEEVE SHIRT SCH-08 \$80**

**6. TANK SCH-10 \$58**

**7. SHORTS SCH-11 \$52**



activewear solutions

confidence to...

# move that thang

These chic (and unique) active favorites are destined to cause covetous double takes wherever you choose to pound the pavement. The resulting glow of yours won't be sweat-induced.

#### 1. ZAGGORA HOT TOP

This stylish, lightweight top's patent pending fabric burns more calories for you by helping you generate more body heat. Sizes: S, M, L **ZAG-05 \$80**

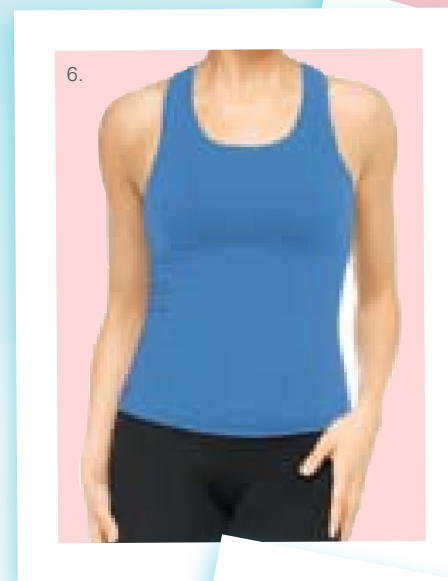
#### 2. ZAGGORA HOTPANTS 2.0 CAPRI

This stylish, lightweight capri's patent pending Celu-Lite fabric burns more calories for you by helping you generate more body heat—all while providing a fantastic slimming and smoothing effect. Sizes: S, M, L **ZAG-02 \$104**

#### 3. STYLE FIRM LOS ANGELES MODERN SHAPING JACKET

This fashionable fitness jacket not only looks modern and chic, but also features a hidden layer of mesh compression to help cinch your waist, lift your bust and flatten your tummy. Even better? It additionally features moisture-wicking and antimicrobial properties. Black. Sizes: S/M (2-4) M/L (6-8) L/XL (10-12). **SFLA-05 \$119**

*Increases calorie burn, maximizes activity and helps you get more out of every workout*



#### 4. SPANX ACTIVE POWER PANT

Designed to help your bottom half look its best while you're getting buff, these pants—ideal for yoga—feature a Built-In Bagel Buster™ to tame the tummy and hips and a ponte knit leg for maximum mobility. Waist: Nylon/spandex blend. Body: Rayon/nylon/Lycra® blend. Black. Sizes: S (2-4) M (6-8) L (10-12) XL (14-16). **SPANX-57 \$118**

#### 5. SPANX ACTIVE SHAPING COMPRESSION KNEE PANT

These comfy knee-length pants are fitted throughout, and made entirely of sleek Slim-X® compression fabric to smooth the hips, thighs and rear. Even better? They're cute enough to wear while you're on a run or just running around. Nylon/spandex blend. Black. Sizes: S (2-4) M (6-8) L (10-12) XL (14-16). **SPANX-58 \$78**

#### 6. SPANX ACTIVE RIBBED RACERBACK TOP

A workout wear basic gets the Spanx treatment with this visually slimming yet super-comfy top, in smoothing, seamless fabric with a concealing ribbed texture. A built-in shelf bra lends support while the long length keeps your butt covered (literally). Nylon/spandex/elastane blend (exclusive of trim). Dynamic Blue. Sizes: S/M (2-8) L/XL (10-16). **SPANX-65 \$62**

#### 7. SPANX ACTIVE SHAPING COMPRESSION SHORT

Designed to help your bottom half look its best while you're getting buff, these comfy shorts are fitted throughout, and made entirely of sleek Slim-X® compression fabric to smooth the hips, thighs and rear. Even better? They're cute enough to wear while you're on a run or just running around. Nylon/spandex blend. Sizes S-XL. **SPANX-56 \$68**

see the complete active collection at [blissworld.com](http://blissworld.com)

health and wellness solutions

# confidence to... clean up your act

We're sure you're familiar with the old adage that "true beauty comes from within." That's why we packed these pages with our very favorite health and wellness solutions that work on bettering your mind and bod from the inside—a more literal approach to cleaning up your act!



## the happy cleanse by Joulebody exclusively for bliss

has suffering through liquid cleanses left you tired of life in the 'fast' lane?

As much as we believe in keeping your skin clean, we also know how vital it is for your overall happiness and well-being to keep what's inside clean as well.

Bliss believes in a healthier approach to detox, which is why we teamed up with eco-conscious cleansing brand Joulebody to create a refreshingly different raw food detox program: The Happy Cleanse.

The Happy Cleanse is based on the idea of healthy eating for healthy detox, a concept much kinder on your body than starving it into submission. This approach relies on solid foods with fresh vegan, gluten and dairy-free ingredients that promote the body's natural ability to cleanse itself. This diet is meant to rid your system of habitual toxic foods by eliminating them for three days.

**JOULE-01 \$279 Free Overnight Shipping**

**ready to trade in deprivation for absolute elation?**

to order the happy cleanse, visit [blissworld.com/joulebody](http://blissworld.com/joulebody)



1.



2.



3.

see the complete wellness collection at [blissworld.com](http://blissworld.com)

### 1. FATGIRLCLEANSE TWO-DAY DETOX HEALTHY LIVING SUPPLEMENT SYSTEM

This two-part, two-day system helps banish your bod's built-up impurities while refreshing you with a unique blend of nutrients that support your natural detoxification process and promote internal balance. (Perfect for kicking off a new diet or healthy living program!) 10 sticks. **BLISS-475** 5.8 g each **\$48**

### 2. DAVID KIRSCH ULTIMATE DETOX KIT

This 5-day program reboots your body by delivering the world's best nutrients in the form of three antioxidant-packed beverages. Includes 5 **a.m. daily detox** packets, 5 **super charged greens blend** packets and 10 **vanilla protein plus meal replacement** packets, all designed to leave you healthier, slimmer, focused and energized. **DKW-18** **\$95**

### 3. DAVID KIRSCH THERMO BUBBLES

A fave of celebs who need to downsize on the double, this pink-lemonade-flavored drink amps energy and metabolism for faster calorie- and fat-burning while curbing cravings. Box of 10 packets, .4 oz each. **DKW-05** **\$40**





body treatments

# confidence to... play it smooth

The same moisturizers used in every single Bliss Spa massage, these efficacious body butters are formulated with nourishing vitamin E, skin-softening coconut oil and sodium hyaluronate (known for holding 1,000+x its weight in moisture) to leave even the scallest skin soft, supple, gleaming and replenished.



## go pro

Straight from the back room of our spas, our pro-sized lemon+sage bath and body blends deliver even more uplifting 'tang' for your buck. Really, can you ever have too much of a good thing?

**BLISS LEMON + SAGE BODY BUTTER PRO SIZE**  
BLISS-338 32 oz \$79 (\$138 value!)



### 1. BLISS LEMON+SAGE BODY BUTTER

Our 'rich and famous' body butter (the same one used in our spas' massages) binds 1,000+x its weight in moisture for 'butterly' soft, replenished skin.

**BLISS-358 6.7 oz \$29**

### 1A. BLISS LEMON+SAGE SOAPY SUDS

This liquid soap whips up a luxe lather that cleans and conditions for supremely soft skin. Use as a body wash or pour a bit into the bath.

**BLISS-331 16 oz \$18**

### 1B. BLISS LEMON+SAGE BODY SCRUB

Made to be massaged on pre-shower, this body polish has circular scrubbing grains that lift away dead cells, leaving skin smooth, supple and silky.

**BLISS-271 12 oz \$36**

shop more butters,  
suds and scrubs  
at [blissworld.com](http://blissworld.com)



### 2. NEW BLISS GRAPEFRUIT+ALOE BODY BUTTER

Our 'rich and famous' body butter (the same one used in our spas' massages) binds 1,000+x its weight in moisture for 'butterly' soft, replenished skin.

**BLISS-486 6.7 oz \$29**

### 2A. NEW BLISS GRAPEFRUIT+ALOE SOAPY SUDS

This liquid soap whips up a luxe lather that cleans and conditions for supremely soft skin. Use as a body wash or pour a bit into the bath.

**BLISS-487 16 oz \$18**



### 3. BLISS BLOOD ORANGE+WHITE PEPPER BODY BUTTER

Our 'rich and famous' body butter (the same one used in our spas' massages) binds 1,000+x its weight in moisture for 'butterly' soft, replenished skin.

**BLISS-360 6.7 oz \$29**

### 3A. BLISS BLOOD ORANGE+WHITE PEPPER SUGAR SCRUB

This skin-cleansing scrub lathers up for a gentle but supreme suds-ing, smoothing and softening.

**BLISS-295 12 oz \$36**

### 3B. BLISS BLOOD ORANGE+WHITE PEPPER SOAPY SUDS

This liquid soap whips up a luxe lather that cleans and conditions for supremely soft skin. Use as a body wash or pour a bit into the bath.

**BLISS-332 16 oz \$18**

hair removal solutions

# confidence to... **take it off**

Whether you prefer waxing, trimming or fuzz-fighting creams, our straight-from-the-spa hair removal solutions have got you covered—every last one of them perfect for sending winter stubble into hibernation.

## **poetic waxing at-home hair removal kit**

our spa's wonder wax is **microwaveable for easy use** and helps you remove even the shortest hairs from just about anywhere on your bod—**practically painlessly**

BLISS-319 \$48



## **'fuzz' off™**

the only **1-step, 3-minute, fresh-scented facial hair removal cream**

BLISS-482 \$24



## **trim and bare it**

this ergonomically designed grooming gadget features four function-specific attachments that allow you to **trim, shave, shape and add an extra dose of creativity** to your coiffing routine

BLISS-470 \$64



## **ingrown eliminating pads**

these spa-powered pads gently **exfoliate** with salicylic and glycolic acid, soothe with oat extract and witch hazel, and **keep your stubble from causing trouble**

BLISS-297 (50 pads) \$38

**shop more hair removal options at [blissworld.com](http://blissworld.com)**



# confidence to... bare your sole

Let those tootsies out of winter hiding and put your most fabulous foot forward with these sought-after spa treats. We assembled the best of the best to provide you with the ultimate footcare regimen for this time of year...or anytime you feel like treating yourself.

## your DIY pedicure regimen:

- 1 Fill a container with warm water and a little bit of liquid soap.
  - 2 Use the **clarisonic pedi sonic foot transformation** tool to polish away roughness and callus buildup. This precision engineered pedi system smooths and transforms rough, dry heels and toes in just minutes.
  - 3 File toenails into a clean square shape with **diamancel foot files blue**, then soak feet in the water for 10 minutes. Made with genuine diamond buffing surfaces, these files tackle everything from jagged nails to hardened heels.
  - 4 Exfoliate your legs and feet with **bliss hot salt scrub**, then rinse. Our legendary all-over sea salt body scrub is oil-free, super-softening, self-heating and spiked with eucalyptus and rosemary oils.
  - 5 Smooth **bliss high intensity 24-'heaven' healing body balm** over your feet to leave your soles nice and soft. This therapeutic cream relieves dehydrated, damaged skin with lactic acid and protective oatmeal.
- Or try our cozy **bliss softening socks**. They leave feet feathery soft in 20 minutes.
- 6 Use a warm, damp towel to remove excess cream, then polish nails with your favorite shade.



# confidence to... take a power trip

These super-powered devices provide microdermabrasion, wrinkle renovation, toning and pure rejuvenation benefits to take your skin to buzzworthy new heights.



### 1. AGE SCIENCES PMD PERSONAL MICRODERM

Uncover younger, more vibrant skin with PMD's golden gadget. It provides professional microdermabrasion from the comfort of home, helping you reduce visible signs of aging and stimulate cell renewal without an office visit. **PMD-01 \$179**

### 2. NUBRILLIANCE MICRODERMABRASION SYSTEM

This dual-function microdermabrasion machine combines diamond peel exfoliation and vacuum stimulation to deliver smoother, healthier, more youthful-looking skin. Just wave the wand over face, neck, hands, arms or legs to diminish the appearance of fine lines, wrinkles, acne scars and age spots over time. Includes **microdermabrasion unit**, **3 diamond tips** and **20 filters**. **QUEST-01 \$249**

### 3. NUFACE® TRINITY

This FDA-cleared device delivers low-level soft wave microcurrents that lift, tone and contour while reducing the appearance of fine lines and wrinkles. Includes **device**, **conductivity gel primer** (5 oz), **charging cradle** and **power adapter**. **STAR-06 \$325**

### 4. LIGHTSTIM TOOL FOR WRINKLES

Give wrinkles the 'red light' with this high-tech tool, which simultaneously emits four light wavelengths to energize collagen- and elastin-producing cells. The same device used by the pros for over a decade, it's FDA cleared for periorbital wrinkles, and may also help to increase elasticity, lighten dark spots, firm skin, minimize pores and more in just minutes a day. Includes **lightstim tool** and **lightstim collagen peptide serum** (10 ml). **LGTS-05 \$249**

powerful.  
professional.  
transformational.

introducing blisslabs™

**active 99.0**  
anti-aging series

experience the science  
behind the spa



Utilizing years of skincare expertise, Bliss Spa has intertwined advanced clinical research from our labs with the mastery of our top estheticians to create the ultimate anti-aging collection powered by spa science: blisslabs active 99.0.

Catering to clients that demand nothing less than transformational results, our premium new line's professional-grade treatments are set apart by intensive, active-filled anti-aging formulas for those with skin that calls for something a little more...extraordinary.



**BLISSLABS ACTIVE 99.0 ANTI-AGING SERIES**

- 1. UV PROTECT SPF 30**  
Our essential UV coat provides protection from aging sunrays. **BLISS-504** 1 oz **\$50**
- 2. REFINING POWDER CLEANSER**  
This sulfate-free cleansing and exfoliating powder sloughs away dead cells with skin-refining granules for a smoother, brighter-looking complexion. **BLISS-506** 4.2 oz **\$60**
- 3. ESSENTIAL ACTIVE SERUM**  
Our lightweight yet high-performance serum features a powerhouse complex of niacinamide, kojic acid, phyto-retinoids and gardenia stem cells that targets fine lines, wrinkles, sagging and uneven skin tone. **BLISS-503** 1 oz **\$160**

- 4. SKIN PERFECTING MASK**  
This highly concentrated revitalizing treatment infuses skin with algisium C, niacinamide, kojic acid, gardenia stem cells and aloe to help firm, hydrate and provide instant rejuvenation. **BLISS-505** 2.5 oz **\$75**
- 5. MULTI-ACTION DAY CREAM**  
Features a skin-renewing blend of glycolic acid, phyto-retinoids and a fruit-based hydrating complex to revitalize, firm and reduce the appearance of fine lines and wrinkles. **BLISS-501** 1.7 oz **\$130**

- 6. RESTORATIVE NIGHT CREAM**  
This rich, nourishing nighttime treatment is formulated with a special blend of shea butter, algisium C, niacinamide, kojic acid and gardenia stem cells to help reduce the signs of aging while you sleep. **BLISS-502** 1.7 oz **\$150**
- 7. MULTI-ACTION EYE CREAM**  
This potent cream diminishes the appearance of puffiness, dark circles, fine lines and wrinkles. **BLISS-500** .5 oz **\$90**



anti-aging solutions

# timeless confidence

These revitalizing anti-aging treatments from Goldfaden MD, Sunday Riley and our other favorite brands address every kind of skin 'slacking' you can think of, ensuring that you can always act your age without looking it.



**SK-II FACIAL TREATMENT MASK**  
A makeup artist favorite, this cotton mask is enriched with pitera and immediately hydrates your skin, leaving it noticeably radiant and soft.

**SK2-05** 6 sheets **\$90**  
**SK2-34** 10 sheets **\$125**

**SK-II FACIAL TREATMENT ESSENCE**  
Made with over 90% pure pitera, this treatment moisturizes to improve texture and clarity and helps stimulate the natural renewal process of the skin's outer layer to leave it looking supple, smooth and radiant.

**SK2-01** 5 oz **\$155**  
**SK2-02** 7.3 oz **\$195**

**STRIVECTIN-SD® INTENSIVE CONCENTRATE FOR EXISTING STRETCH MARKS AND WRINKLES**

Featuring a proprietary complex of NIA-114™ and potent peptide actives, this head-to-hip hero is clinically proven to improve the appearance of wrinkles and stretch marks in just 2-8 weeks.

**BO-29** 5 oz **\$135**

**STRIVECTIN-TL™ TIGHTENING NECK CREAM**

This treatment helps sagging, crepey skin recover firmness, shape and contour with breakthrough three-tiered technology that delivers an instantly tighter feeling, and strengthens and lifts over time. After eight weeks, the only jaw-dropping thing you'll see are the results. **BO-36** 1.7 oz **\$89**

**PREVAGE® ANTI-AGING + INTENSIVE REPAIR DAILY SERUM**

This innovative new exclusive complex combines idebenone with arazine™ to help neutralize 95% of environmental free radicals and minimize the visible signs of aging caused by cellular inflammation.\*

**PREV-06** 1 oz **\$225**

\*Based on in-vitro testing.

**Z. BIGATTI RE-STORATION SKIN TREATMENT**

This amino-acid-abundant cream is a universal crowd pleaser. No matter your age, skin type or skin sins, it fades lines, age spots, dry flakes and large pores in a single luxurious step.

**Z-15** 2 oz **\$155**

**Z-10** 8 oz **\$500**

## Sunday Riley

Advanced biochemistry is combined with pure, potent botanicals to produce high performance skincare for an effortlessly flawless complexion.

### SUNDAY RILEY ARTEMIS OIL

For oilier skin types, summer climates, or those seeking a lighter face formula, this oil sinks in quickly with an incredibly light application. Enhanced with anti-bacterial, clarifying lemon myrtle and toning pink grapefruit, skin is left balanced and clear. **SR-19** 1 oz **\$125**

### SUNDAY RILEY GOOD GENES RADIANCE TREATMENT

This immediate beauty booster helps you lose lackluster looks, thin skin, fine lines, uneven skin tone, hyper-pigmentation, dullness and scars.

**SR-03** 1 oz **\$105**

### SUNDAY RILEY BIONIC ANTI-AGING CREAM

Give your skin super powers with this night cream, loaded with resveratrol, Co-Q10 and copper peptides. Watch as it rebuilds collagen, stimulates elastin production, densifies the dermis, fights photo-damage, increases skin's energy and activates the body's ability to extend the lifespan of cells. Our hero!

**SR-06** 1.7 oz **\$225**

### SUNDAY RILEY ISIS OIL

Bursting with sweet mandarine freshness with the lingering hint of rose, Isis oil rapidly erases fine lines and wrinkles while deeply hydrating the skin.

**SR-20** 1 oz **\$125**



## Goldfaden MD

Developed by esteemed dermatologist Gary Goldfaden, this line utilizes state-of-the-art technologies and antioxidant-rich botanicals to deliver natural skincare that targets exactly what's troubling you.

### GOLDFADEN MD DOCTOR'S SCRUB

For beautiful skin, this derm-developed exfoliant is just what the doctor ordered! Hyaluronic acid and jojoba oil moisturize and nourish as ruby crystals slough away dead cells, revealing brighter, more radiant-looking skin. Daily use can help reduce the appearance of fine lines, shrink pores and provide a younger-looking appearance.

**GOLD-01** 3.5 oz **\$75**

### GOLDFADEN MD NEEDLE-LESS

This line-smoothing concentrate offers the ultimate reduction in the appearance of fine lines and deep creases. 100% pure hyaluronic acid and advanced anti-aging hexapeptides work to plump, tighten and smooth. Nutrient-rich seaweed promotes a long-term, youthful glow. **GOLD-04** 1 oz **\$115**



luxurious skin-renewing solutions

confidence to...  
**reveal your  
softer side**

La Mer's indulgent and transformative Miracle Broth™-enriched gems promote soft, radiant, youthful-looking skin while providing superior hydration. In fact, one look at the results and your faith in miracles might just be renewed.

Get more of the  
sumptuous skincare  
you love and save with  
the 16.5 oz jar



**CRÈME DE LA MER**

The original crème de la creams that boasts droves of devotees, this ultra-rich wonder whip miraculously transforms the skin on contact and soothes sensitivities, leaving it super-soft and looking virtually creaseless.

CRE-009 1 oz \$155  
CRE-001 2 oz \$285  
CRE-004 16.5 oz \$1900



**new**

**THE LIFTING CONTOUR SERUM**

This rich and silky hydrator visibly awakens the complexion and drives moisture deep into the skin to improve texture and even tone. Skin is perfectly prepared to receive the full benefit of the La Mer regimen that follows. **CRE-094 1 oz \$290**

This targeted treatment harnesses the profound powers of La Mer's nutrient-rich Miracle Broth™ and Blue Algae Lift Ferment to provide a smoother, firmer and more lifted appearance.



targeted treatments

# confidence to... cross the pond

Careful: Elemis' sought-after, London-born Pro-Collagen and Pro-Intense collections are known to deliver age-defying potions so potent that your youthful skin might get more attention than The Beatles. Talk about a British Invasion!

## 1. ELEMIS PRO-INTENSE LIFT EFFECT SUPER SYSTEM

Clinically proven Pro-Intense vials are combined with a unique lifting mask and outstanding cream treatments to deliver powerful results against facial sagging, double chin and the advanced signs of skin aging. Includes: **pro-intense vials**, **pro-intense mask**, **pro-intense eye & lip contour cream** and **pro-intense night cream**. **EL-148 \$248**

## 2. ELEMIS PRO-COLLAGEN MARINE CREAM

A pack of sea-sourced ingredients mixed with ginkgo biloba, GAGs and porphyridium give this potion its hyper-hydrating, gravity-defying oomph, leaving your skin tightened, toned, and spectacularly soft. **EL-11 1.7 oz \$124**

## 3. ELEMIS PRO-INTENSE LIFT EFFECT NIGHT CREAM

A targeted treatment that combines super-active arjuna, cape jasmine stem cells and lupin to add the spring back into your skin during its natural nighttime repair cycle, helping to improve the definition of facial contours. **EL-150 1.7 oz \$152**

## 4. ELEMIS PRO-INTENSE EYE AND LIP CONTOUR CREAM

Made from the active plant stem cells of edelweiss (and you thought it was just a Von Trapp family favorite), this wildly reparative contouring cream firms, plumps and redensifies the dry dermis around the eyes and the creases around your kisser. **EL-40 .5 oz \$112**

## 5. ELEMIS PRO-INTENSE LIFT EFFECT

This breakthrough formula is clinically proven to smooth facial contours, triggering significant improvement in the appearance of unwanted sagging. Combining a high-tech bio-complex with active plant stem cells, it tightens, firms and helps reduce the depth of jowls to give the effect of lifted facial contours. **EL-87 1 oz \$130**



laboratoire remède age-defying solutions

# confidence to... act your age (without looking it)

When it comes to providing day-to-night moisturizing, protection and anti-aging benefits, this illumination-inducing trio from Laboratoire Remède works a decadent double shift.

## 1. LABORATOIRE REMÈDE ALCHEMY ADVANCED MOISTURE ÉMULSION™

This cult classic moisturizer leaves skin firm, supple and luminous with a highly effective antioxidant complex featuring grapeseed and green tea extracts and vitamins A, C and E. **RE-127 1.7 oz \$105**

## 2. LABORATOIRE REMÈDE HYDRA THERAPY EYE CRÈME™

There won't be a dry eye in the house with this ultra-hydrating, brightening and lifting cream, which repairs the undereye's fragile hydro-lipid barrier and collagen and elastin networks. Citrus peel and sorb tree bud extracts promote circulation and diminish dark circles and puffiness, while eyes are illuminated with soft focusing powders. **RE-94 .5 oz \$110**

## 3. LABORATOIRE REMÈDE ALCHEMY ADVANCED NIGHT CRÈME™

This luxurious, ultra-restorative formula, enriched with vitamin E capsules, supports skin maintenance and repair while you sleep, so you look revitalized, refined and radiant upon waking. **RE-126 1.7 oz \$165**



anti-aging solutions

# firm confidence

Our clock-stopping, results-getting Firm, Baby, Firm duo delivers, lifting, volumizing, firming and smoothing benefits for a fresh, beautiful, more younger-looking you.

## firm, baby, firm™

**5 patent technology** with gardenia stem cells, peptides and phyto-retinoid in a soothing aloe base

\*US Patents 6,610,322; 6,958,160; 7,150,883; 6,495,596; 6,998,421

- assists in **boosting collagen** and elasticity for a lifting effect
- helps **add volume** by plumping skin from the inside out
- helps **correct** and prevent fine lines and **wrinkles**
- provides efficient delivery of actives while **keeping skin calm**

esthetician approved formula



“ This powerful formula is the secret behind every Firm, Baby, Firm Facial at Bliss Spas worldwide. ”

– Beata Chyla, 20 years experience, esthetician at bliss soho



### firm, baby, firm™ total eye system

the only dual-sided, dual-action solution for beautiful, younger-looking eyes

BLISS-483 .25 oz \$68

### firm, baby, firm™ dual-action lifting + volumizing serum

the one-of-a-kind dual-action lifting+volumizing serum packed with highly active ingredients and 5 patent technology

BLISS-466 1 oz \$75

### firm, baby, firm serum: clinical results\*

after 4 weeks

**100%** of panelists showed an improvement in skin elasticity in the chin area



**before**  
sagging in the chin area



**after**  
skin elasticity dramatically improved

after 8 weeks

**90%** of panelists showed an improvement in overall facial volume and plumpness

\*In a clinical study of healthy females from 35-64 years of age.

### firm, baby, firm total eye system: clinical results\*\*

after 8 weeks

**91%** of panelists showed a reduction in fine lines and wrinkles in the eye area



**before**  
deep crow's feet wrinkling



**after**  
reduction in deep wrinkles

\*\*In a clinical study of healthy females from 39-60 years of age.



about-face

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free samples with every order | free shipping on orders over \$50

about-face





anti-aging solutions

# confidence to... hold the lines

Recreating our age-defying The Youth As We Know It spa treatment at home is easy with our beloved collection—a one-stop shop guaranteed to deliver results that keep everyone guessing. Though another year may have passed, the evidence needn't show in your face.

## illuminate

### 1. BLISS THE YOUTH AS WE KNOW IT\* ANTI-AGING SERUM

Formulated to mimic our professional in-spa facial serum, this formula features hydrating encapsulated moisturizing actives to provide skin-rejuvenating benefits.

BLISS-376 1 oz \$70

## treat

### 2. BLISS THE YOUTH AS WE KNOW IT\* ANTI-AGING EYE CREAM

This periorbital powerhouse touts eye-bettering benefits for age-affected eyes (think crow's feet, puffiness, dark circles...)

BLISS-375 .5 oz \$75

## moisturize

### 3. BLISS THE YOUTH AS WE KNOW IT\* ANTI-AGING MOISTURE CREAM

This extraordinary cream is a one-stop-shop for all your hydration and anti-aging needs.

BLISS-374 1.7 oz \$74

## renew

### 4. BLISS THE YOUTH AS WE KNOW IT\* ANTI-AGING NIGHT CREAM

This potent PM potion features feather-light texture that sinks deep into skin to pack a serious age-defying punch.

BLISS-404 1.7oz \$79



anti-aging solutions

# confidence to... peel like a million

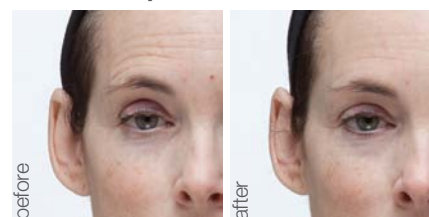
These single-step pads target fine lines, wrinkles, dark spots and imperfections, all while retexturizing and soothing. When it comes to scoring smooth, even, radiant skin, consider this your big reveal.

BLISS THAT'S INCREDI-'PEEL!'  
BLISS-460 30 pads \$49



### see that's incredi-'peel!' in action:

#### decrease in expression lines in forehead\*



#### overall skin lightness, reduction of dark spots\*



### what makes that's incredi-'peel!' different?

- Retexturizes and soothes skin in just one step, unlike leading 2-step peels
- Innovative technology releases ingredients over time for gentler (but still effective) delivery
- Renews skin while you snooze for an effortless overnight spa-strength facial

### that's incredi-'peel' gets results!\*

#### after one use

84% said their skin felt softer

#### after 2 weeks

87% said their skin has a healthier, more radiant glow  
84% said there are visible improvements in skin tone

#### after 4 weeks

90% said there are visible improvements in skin texture

\*Results reported from an in use consumer study conducted over 4 weeks.  
\*\*Based on a 31-person consumer study conducted over 4 weeks.



about-face

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free samples with every order | free shipping on orders over \$50

about-face





radiance solutions

# glowing confidence

Infused with oxygen, vitamin C and powerful antioxidants, these skin-enriching solutions deliver a literal burst of fresh air to provide the same mega-watt radiance as our world-famous Triple Oxygen spa facial.



1.

## triple oxygen® ex-'glow'-sion!™

**get an instant burst of youthful radiance**  
with the only vitabead-infused moisture cream  
with oxygen, micro-algae and vitamin C & E

1. BLISS TRIPLE OXYGEN™ EX-'GLOW'-SION BLISS-484 1.7 oz \$64

*InStyle Magazine's  
best beauty buys five  
years in a row!\*\*\**

*Bubbles on contact  
for an extra  
revitalizing feel*



### de-puff

2. BLISS TRIPLE OXYGEN™ INSTANT ENERGIZING EYE GEL  
Helps to de-puff with caffeine and fade the appearance of fine lines leaving eyes looking bright and rested.  
BLISS-396 .5 oz \$50

### cleanse

3. BLISS TRIPLE OXYGEN™ INSTANT ENERGIZING CLEANSING FOAM  
Liquid-to-foam formula delivers a skin-reviving burst of oxygen to gently remove makeup and impurities.  
BLISS-395 5 oz \$28

### revive

4. BLISS TRIPLE OXYGEN INSTANT ENERGIZING MASK™  
A super-quick-fix for dull, tired, sallow skin, this complexion-brightening formula is engineered to mimic the effects of our spa's most famous facial.  
BLISS-254 3.4 oz \$54

### brighten

5. BLISS TRIPLE OXYGEN INSTANT ENERGIZING EYE MASK™  
Like an energy drink for your eyes, this instant brightening treatment is 'eye-deal' for those who want to fake a full eight hours. Four twin-chamber packets (1-month supply).  
BLISS-291 \$54

### moisturize

6. BLISS TRIPLE OXYGEN™+C ENERGIZING CREAM  
Offers a trio of oxygen ingredients, plus an amped-up dose of vitamin C. It supports cell respiration, reinforces collagen synthesis, and improves skin hydration.  
BLISS-355 1.7 oz \$55

\*2009-2013



targeted treatments

# confidence to... get your fix

From clog clearing to dark-spot diminishing, these straight-from-the-spa treatments tackle every little source of facial stress, so the only thing left for you to worry about is how to contain your imminent smiling.



puffy undereyes?

**BLISS BAGGAGE HANDLER™ EYE GEL**  
Hands (and bags) down the best puff-fighter and fine line-whittler.  
**BLISS-300** .5 oz **\$28**

aging neck?

**BLISS THINNY THIN CHIN™ NECK FIRMING CREAM**  
This 'neck'-cessity firms and hydrates instantly and visibly improves neck lines, crepiness and hyperpigmentation.  
**BLISS-299** 1.7 oz **\$48**

blemishes, wrinkles & dark spots?

**BLISS PEELING GROOVY FACIAL SERUM**  
This paraben-free gentle exfoliating formula perfects skin's texture, lightens dark spots and lessens the look of lines.  
**BLISS-307** 1 oz **\$65**

tight, dry skin after cleansing?

**BLISS DAILY DETOXIFYING FACIAL TONER™**  
Protects against toxins and preps skin for hydration.  
**BLISS-303** 6.7 oz **\$26**

congested skin?

**BLISS CLOG DISSOLVING CLEANSING MILK™**  
This milky complexion-clearing cleanser moonlights as a 5-minute mask.  
**BLISS-209** 6.7 oz **\$28**

shiny t-zone?

**BLISS STEEP CLEAN™ MATTIFYING TONER PADS**  
Swipe skin clear with salicylic acid, oil-control spheres and dead-cell-digesting enzymes.  
**BLISS-313** (50 pads) **\$38**

large, clogged pores?

**BLISS STEEP CLEAN™ PORE PURIFYING MASK**  
Exfoliating enzymes de-clog skin, resulting in minimized pores and clear complexions.  
**BLISS-273** 3.4 oz **\$55**

“I've been using Steep Clean Pore Purifying Mask for almost ten years. It's a lifesaver, especially after a workout or in the summer when sweat and sunscreen clog your pores.”

— Sarah, blissworld.com customer



skin-balancing solutions

# confidence to... stay fabulous

Utter 'pore'-fection is never beyond your reach with our spa-powered cleansing, refining and protecting necessities for face, even in the midst of a month defined by skin-bullying weather. Designed to deliver clean, healthy complexions to all skin types, we think they're downright 'fab.'



## moisturize

**1. BLISS FABULOUS FACE LOTION WITH SPF 15**  
This mega-moisturizer hydrates, shields against UVB and UVA rays, delivers a dose of vitamins, minerals and omegas and illuminates skin.

**BLISS-370 1.7 oz \$36**

## wash

**2. BLISS FABULOUS FOAMING FACE WASH™**  
A sink-side staple: our classic two-in-one oil-free exfoliating wash for all skin types.

**BLISS-304 6.7 oz \$24**

## brighten

**3. BLISS FABULOUS EVERY DAY EYE CREAM**  
This 'everything' eye cream locks in moisture, provides antioxidant protection and defeats dark circles with eye-brightening powders.

**BLISS-371 .5 oz \$30**

beauty solutions

# beautiful confidence

Though makeup trends come and go, we all know that natural beauty never goes out of style, which is why we're loving these multi-benefit makeups that leave you looking like you aren't wearing any (and would never need to). From anti-aging CC creams to lash-lengthening formulas, these are a few of our favorite things. Now go forth, stunner.



## 1. SUPERGOOP!® SPF 35 DAILY CORRECT CC CREAM

This SPF 35 cream combines the functionality of a primer and foundation with the anti-aging benefits of skin serums to protect, correct, and smooth uneven skin. A silky formula covers imperfections and minimizes pores in an easy one step, leaving you fresh-faced. **\$32**

SPF 35 LIGHT-MEDIUM **GOOP-09**  
SPF 35 MEDIUM-DARK **GOOP-10**

## 2. OMOROVICZA COMPLEXION PERFECTOR BB SPF 20

Like a Swiss Army Knife for your beauty tool kit, this silicone-free do-it-all dew puts moisturizer, foundation, sunscreen, concealer and anti-aging cream—plus the brand's signature Mineral Cosmetology™ delivery system—all in one bottle.

**OMO-17 1.7 oz \$135**

## 3. ERBORIAN BB CRÈME AU GINSENG SPF 25

Baby your skin with this beautifying blend, based on age-old Korean medicinal herbs. The 3-in-1 formula evens skin tone and conceals flaws, moisturizes and nourishes, and leaves a velvety, matte, baby-soft finish for 12 hours. **SYMB-01 1.5 oz \$48**

## 4. CHANTECAILLE LE STYLO ULTRA SLIM

Inspired by the best-selling Le Stylo, this sleeker generation's water-resistant formula delivers intense, saturated color to the lash line – effortlessly. **CH-156 \$32**

## 5. TALIKA LIPOCILS EXPERT

This 4-in-1 fringe booster will have you 'batting' a thousand in just 28 days—no Rx required. It lengthens and strengthens, deepens color, adds curve and protects against UV rays, all with safe plant-based ingredients. **TAL-11 .34 oz \$55**



beauty solutions

# confidence to... turn heads

Pretty, please? No need to ask twice: We've got you covered when it comes to the season's most covetable grace-imparting goods. Beautiful, healthy, nourished lips and locks: Yours for the owning.



**1. THAIRAPY 365 RESTORE RX CONDITIONING TOOL**  
What's the damage? Next to nothing with this revolutionary treatment-boosting tool, designed to deliver your softest, silkiest and most manageable mane ever. Though it doesn't straighten, it does leave hair looking 'flat-out' amazing with ultrasonic vibration technology and far infrared LEDs that enhance penetration of leave-in treatments, and ultra violet LEDs for antimicrobial action. **TOL-01 \$200**

**2. SEDU REVOLUTION CLIPLESS CURLING IRON**  
Technologically advanced and ergonomically designed to deliver ultra glossy, long lasting curls. The clipless ceramic barrel features adjustable digital temperature control safe for all hair types. Available in one barrel size: 1". **ABS-09 \$119.99**

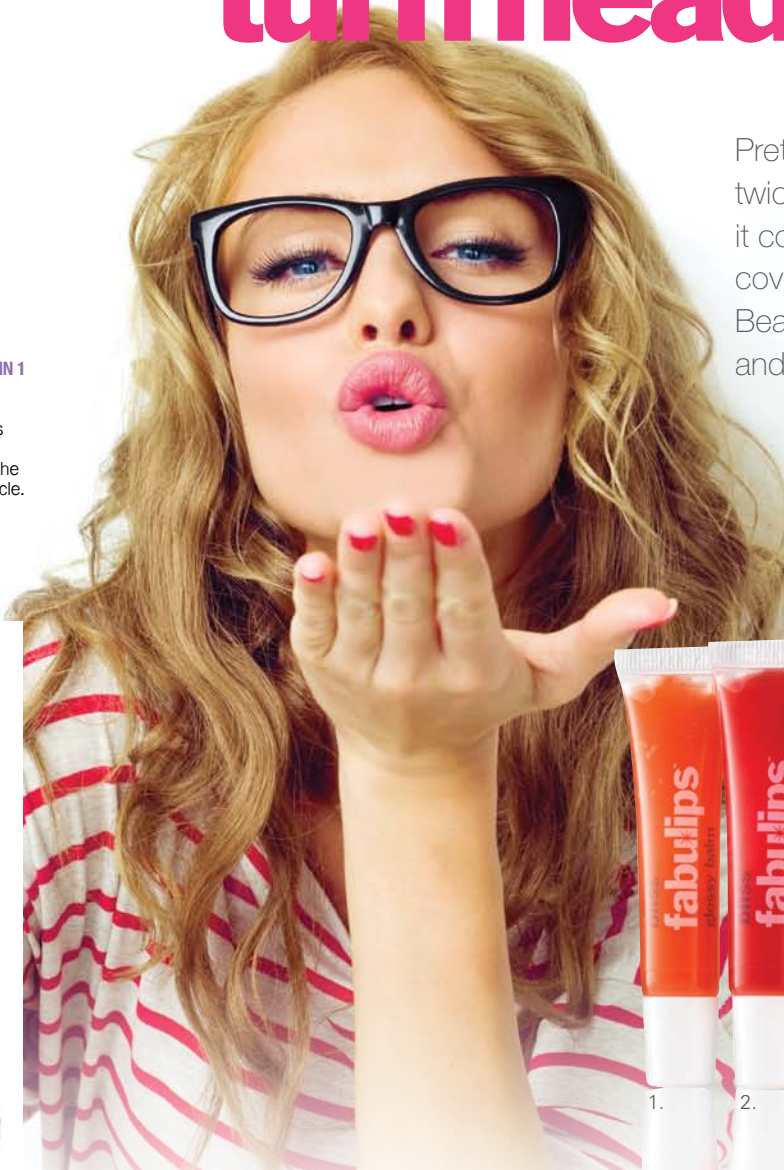
**3. BIO-IONIC STYLE DRYER 2 IN 1**  
Super-charged Natural Ion Complex technology to naturally emit negative ions and far infrared energy to infuse moisture deep into the hair shaft and seal the cuticle. The result is fast drying, without damage. **BIO-18 \$120**



**4. BORGHESI SHAMPOO PURIFICANTE CLEANSING TREATMENT FOR THE HAIR AND SCALP**  
Contains a body building formula for greater volume, substance and thickness. Herbal formula stimulates and nourishes as it cleans while Borghese's signature Acqua di Vita® Complex rejuvenates with mineral waters. Suitable for all hair types. **BORG-11 8.4 oz \$18.50**

**5. BORGHESI RISTORATIVO DI VITA CONDITIONING TREATMENT FOR HAIR AND SCALP**  
This lightweight, botanically enriched conditioner helps add volume, restore hair's smoothness and revitalize the scalp. Soothing thyme re-texturizes dry, damaged hair, leaving you with soft, healthy strands. **BORG-12 8.4 oz \$18.50**

**6. BORGHESI FANGO ACTIVE MUD FOR HAIR AND SCALP**  
This mineral-enriched 10-minute mud treatment invigorates and revitalizes the scalp while helping to add body to your locks. For smooth, hydrated hair, use once a week. Suitable for all hair types. **BORG-13 17.6 oz \$38**



## beautify

**BLISS FABULIPS GLOSSY BALMS**  
This 2-in-1 formula conditions lips while freshening with a breath-purifying complex.

- 1. PEPPERMINT **BLISS-479 .5 oz \$14**
- 2. CITRUS MINT **BLISS-480 .5 oz \$14**
- 3. VANILLA MINT **BLISS-481 .5 oz \$14**

## replenish

**4. BLISS FABULIPS SOFTENING LIP BALM**  
The same balm used in every Bliss Spa facial, this formula leaves lips moisturized, nourished and soft with shea butter, jojoba and grapeseed oils and vitamin E. **BLISS-391 .11 oz \$16**

## retexturize

**5. BLISS FABULIPS SUGAR LIP SCRUB**  
Polishes your pout with finely granulated sweet sugar, almond and walnut shell, while it nourishes and conditions with natural oils, butters and vitamins to create an ideal base for lip color. **BLISS-389 .5 oz \$18**

## refresh

**6. BLISS FABULIPS FOAMING LIP CLEANSER**  
The first-ever cleanser for your pout, this effervescent formula lifts impurities from lips leaving them clean, refreshed and perfectly prepped. **BLISS-388 .24 oz \$18**

## rejuvenate

**7. BLISS FABULIPS INSTANT LIP PLUMPER**  
Visibly volumizing formula delivers both 'lick'-ety-split and long-lasting lushness and provides all-day hydration for noticeably smoother, more youthful-looking lips. **BLISS-390 .6 oz \$22**



super-charged beauty solutions

# perfect your pout

introducing  
**fabulips™**  
**'pout'-o-matic**

**the must-have tool for women  
who must have beautiful lips**

- spa-powered 450+ RPM lip-perfecting tool
- with massaging head and fabulips sugar lip scrub to gently exfoliate
- for full, soft, beautiful lips

Our spa-powered lip-perfecting tool is the only one of its kind. It pairs with our sugar lip scrub and uses gentle rotation and a custom-designed head with massaging nubs to effectively yet gently revitalize, rejuvenate and smooth for soft, beautiful lips.

BLISS 'POUT'-O-MATIC LIP-PERFECTING SYSTEM  
BLISS-508 \$48



before



after\*

\*Results may vary.





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\*To save 20% on any Bliss, Elemis, or Remède purchase at blissworld.com only, enter code CLEANSLATE20 at checkout. Not valid on past purchases or spa services. Glow Points cannot be redeemed on this promotion. Cannot be combined with other product offers or promotions. Offer excludes: already discounted products, Bliss Triple Oxygen Ex-Glow-Skin, Firm Baby Firm Total Eye System, Grapefruit + Aloe Body Butter and Soapy Suds, 'Pout'-o-matic, Micro Magic, Blisslabs Active 99, trial sizes, samples, gift cards, e-cards, gifts with purchase and complimentary items. Not exchangeable for cash or credit towards other products. Limited to one offer per person/order. Offer expires March 3, 2014 at 11:59 pm EDT. Bliss reserves the right to change or end this promotion at any time.

a revolutionary  
new spin on lipcare

new from bliss!

**fabulips™**  
**'pout'-o-matic**

the must-have tool for women  
who *must have* beautiful lips

learn  
more on  
page 42!

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